## C.WEI West Isle Energ

## West Isle Energy Inc. NEWS RELEASE

## West Isle Energy Inc. Issues Options

Calgary, Alberta June 30<sup>th</sup>, 2009

West Isle Energy Inc. ("West Isle") (CNSX: WEI) announces that is has issued 400,000 share options effective June 30 2009. The options were priced at \$0.10 which in excess of the closing price, June 29<sup>th</sup> 2009. The options are issued to management, directors and key consultants and expire on June 29<sup>th</sup>, 2011.

West Isle is an Alberta based company engaged in the exploration of oil and gas in western Canada with producing properties in Drayton Valley; Provost and Sylvan Lake areas of Alberta. West Isle has non-operated working interests in producing oil and gas wells in Evi; Enchant; Crystal/Pembina, all in Alberta and interests in oil wells in Manitou, Saskatchewan. West Isle also has royalty income from producing oil wells and CBM wells in both Alberta and Saskatchewan and interests in a crown lease in the Fort Saint John /Inga South area of British Columbia.

West Isle has 4,124,529 common shares issued and outstanding.

For more information about West Isle visit the Corporation's website <a href="www.westisleenergy.com">www.westisleenergy.com</a> or either the Listings Disclosure Hall at <a href="www.cnsx.ca">www.cnsx.ca</a> or on Sedar at <a href="www.sedar.com">www.sedar.com</a>.

Certain information set forth in this document, including management's assessment of each of the Corporation's future plans and operations, contains forward-looking statements. By their nature, forward-looking statements are subject to numerous risks and uncertainties, some of which are beyond the Corporation's control, including the impact of general economic conditions, industry conditions, volatility of commodity prices, currency fluctuations, imprecision of reserve estimates, environmental risks, competition from other industry participants, the lack of availability of qualified personnel or management, stock market volatility and ability to access sufficient capital from internal and external sources. Readers are cautioned that the assumptions used in the preparation of such information, although considered reasonable at the time of preparation, may prove to be imprecise and, as such, undue reliance should not be placed on forward-looking statements. The Corporation's actual results, performance or achievement could differ materially from those expressed in, or implied by, these forward-looking statements and, accordingly, no assurance can be given that any of the events anticipated by the forward-looking statements will transpire or occur, or if any of them do so, what benefits the Corporation will derive from them. The Corporation disclaims any intention or obligation to update or revise any forward-looking statements, whether as a result of new information, future events or otherwise.

## For further information, please contact:

West Isle Energy Inc.

Robert D. McLeay, President & CEO

Telephone: (403) 263 1977 Telefax: (250) 656 4104 Cell: (403) 585-2479 Email: bob@westisleenergy.com